

## **TITLE**

PROMOTING COLLECTIVE AND COMMUNITY RESILIENCY IN GROUP OF ASYLUM SEEKERS AND REFUGEES DISPLACED IN NIGERIEN SITES: CLINICAL, EDUCATIONAL AND PARTICIPATORY PERSPECTIVES

## **PERIOD**

30 march – April 4 2020 at Milano-Bicocca University

## **AIMS:**

The 5 days training with the aim to increase skills of MHPSS workers of 5 centres in Niger, and a selected number of workers at SPRAR system in Italy on promotion of individual and collective (community) resilience, crisis management, experiential and transformative instruments in adult education.

Furthermore, the intensive week will be aimed at promoting dialogue, self-experience and shared knowledge in aid workers operating in context of forced migration, refuge and humanitarian crisis.

## **EXPECTED OUTCOMES:**

1. Increased knowledge on experiential, educational and psycho-social tools for crisis and trauma intervention
2. Potentiating and strengthening ties between Italian and African workers
3. Sharing experiences for strengthening resilience and self-confidence in aid workers

## **TRAINERS**

### **Prof. Guido Veronese**

Guido Veronese is an Italian Associate Professor working at the Department of Human Sciences and Education, University of Milano-Bicocca. Graduated from Padua University in Clinical and Community Psychology. He earned his doctorate in Clinical Psychology (University of Milano-Bicocca). Psy.D. in individual, couple and family Psychotherapy, counselling and family mediation. His research focuses on investigating throughout mixed-methods research designs domains and dimensions of well-being in war-affected populations. Psychological functioning, sources of agency, and culture-informed coping strategies are the core of his investigation. Guido teaches and does research in multicultural contexts, and in settings characterized by ongoing crisis such as Gaza Strip, in the Middle East (Iraq Kurdistan) and Niger, Sub-Saharan Africa.



### **Prof. Laura Formenti**

Full Professor of General and Social Pedagogy, teaches Family Education and Pedagogical Consultancy. Coordinates the "Education in Contemporary Society" doctorate. Engaged since 1992 on the international Adult Education and Learning scene, it actively participates in the scientific activities of various groups, networks and companies, including ESREA (of which she has been President since 2014), in particular the Research Network "Life History and Biography" - LHBN (of which it is convenor together with Linden West and Alan Bainbridge) and "Interrogating Transformative Processes in Learning" (ITPL); the International Transformative Learning Conferences - ITLC, the ICQI International Conferences for Qualitative Inquiry (Urbana-Champaign, Illinois); it is also part of the organizing group of the European Qualitative Inquiry Conferences - ECQI and of the Asian (South Korean) IBLLC - Biography, Lifelong Learning and Culture.



### **Dott. Alessandro Pepe**

Alessandro Pepe (Ph.D.) is a Clinical Psychologist and Research Methodologist in the social sciences. Qualified to the position of 2nd level Professor in General Psychology and Psychometrics, he currently holds the position of Researcher at the Department of Human Sciences for Education "R. Massa ", University of Milano-Bicocca. Expert in mixed research methods and multivariate analysis, his professional activity has focused on training and psycho-social interventions aimed at promoting well-being in populations living in areas characterized by political, military and human rights violations.



### **Mr. Paolo Pagani**

Paolo Pagani is an educator and coordinator of Farsi Prossimo onlus, SPRAR system Milano for asylum seekers and refugees. Consultant and advisor in many projects on forced migration, refuge, and social vulnerability.



## PROGRAM

<i>Trainer</i>	<i>Day</i>	<i>Title</i>	<i>Abstract</i>
<b>Guido Veronese</b>	March 30 Monday <b>9-30 – 12.30</b> <b>1.30 – 6.30</b>	Community resilience in contexts of severe violence	The ecological dimension of resilience comprises multiple factors contributing in promoting psychological well-being in individuals and community affected by extreme violence. Community and individuals interact for promoting subjective and collective mental health and wellness. The workshop is aimed at introducing experiential tools to open conversations able to favour the promotion and growth of community of practices and best practices for promoting resilience and resilience among people exposed to cumulative and historical traumas.
<b>Laura Formenti</b> <b>Silvia Luraschi</b>	March 31 Tuesday <b>9-30 – 12.30</b> <b>1.30 – 6.30</b>	Active and creative methods in education for dealing with hardships – adult education as a tool for liberation	Active and creative methods and practices have the power to illuminate the participants' views, ideas, and feelings, as well as the systems of values that are embedded in their contexts. The workshop proposes an experience of co-operative inquiry which goes through four phases, each exploring a form of knowing- experience-based, presentational, propositional, practical. Active co-construction and embodied participation, in activities which encourage listening, recognition and mutual appraisal enhance relational and creative resources for living in complex situations.
<b>Guido Veronese</b>	April 1 Wednesday <b>9-30 – 12.30</b> <b>1.30 – 6.30</b>	Promoting resistance and skills of survival in war affected populations	Dispositional ceremonies are cathartic events where people are free to tell their stories for witnessing the violation of basic human rights, re-narrate their suffering, overcome traumas and recognise individuals' competences in dealing with traumatic storylines. The collective documents allow individual voices to enter in a dialogue for restoring healing stories and voices in the wake of traumatic experiences.
<b>Alessandro Pepe</b>	April 2 Thursday <b>9-30 – 12.30</b> <b>1.30 – 6.30</b>	Assessing and interviewing people on move- culture sensitive and indigenous perspectives	This workshop explored the aims, paradigms and types of assessment and evaluation used in practical intervention with people on move. The pivotal issue of adopting a cultural sensitive for a reliable evaluation process, including feedback, is discussed. The importance of promoting and monitoring subjective wellbeing and quality of life in evaluation processes and the adoption of mixed-method approaches in data gathering are explored. The structure of the workshop includes short lectures and experiential activities.
<b>Paolo Pagani,</b>	April 3	The reception and welcoming of asylum	Italy and particularly Milan have developed an extensive and large experience in the reception

**Enrica  
Fabbris,  
Sara Peroni**

Friday

9-30 – 12.30

1.30 – 6.30

seekers and refugees  
in Italy: CAS and  
SIPROIMI system -  
Farsi Prossimo  
Cooperative's  
experience

and welcoming of migrants.

However, immigration laws, and consequently  
the reception system, are often subject to  
politics and political leanings.

Current regulations establish different steps in  
the process from first reception towards  
integration of migrants and refugees, moving  
from CAS for asylum seekers to SIPROIMI  
system for refugees.

The workshop is aimed at providing general  
information about immigration laws in Italy  
and Europe and the present organisation of the  
reception and welcoming system.

Moreover, the main focus of the workshop will  
be the experience and best practices developed  
by Farsi Prossimo cooperative in the work with  
migrants and refugees, particularly concerning  
tools and practices to enhance wellness,  
resilience, self awareness, self promotion,  
integration.

**Guido  
Veronese,**

April 4

Saturday

9-30 – 12.30

Visiting a SPRAR at  
Farsi Prossimo  
project

**Paolo  
Pagani**

## OPEN BADGE CERTIFICATION

The Bicocca Open Badges will be issue to both students and employees, as well as those outside the University.

Loghi da inserire:



consorzio  
farsi prossimo



*Ipotesi di foto:*

